

Dear UCLA Student,

This email contains important information about your healthcare coverage for the winter quarter/spring semester. Please feel free to share this email with your parents. More information can be found through our website at www.studenthealth.ucla.edu.

As a reminder, the Ashe Center will be closed in observance for the winter holiday. The Ashe Center will be unavailable for use beginning Friday, December 23rd, 2016 and will re-open Tuesday, January 3rd, 2017.

UC SHIP WAIVER 2016-17

If you have already successfully waived UC SHIP for the academic year, you may disregard this section. As a reminder, all UCLA registered students are automatically charged and enrolled in the University of California Student Health Insurance Plan (UC SHIP). If you have private healthcare coverage that meets the current UC SHIP Waiver Criteria and do not wish to be dually insured, you must submit a waiver.

Waiver Criteria - The University sets minimum standards of adequate health insurance modeling after that of the Affordable Care Act. Students who wish to waive must review their policy for compliance. The [waiver criteria](#) are subject to changes every academic year.

Waiver Deadline - The waiver application will be available beginning December 1 – 20th, 2016 for quarter and semester students. *All students must waive by their Fee Payment Deadline.* Remember, waivers must be completed every academic year. Please review the waiver calendar for the appropriate deadline [dates](#).

- **Waiver Cancellations** - You can make changes to your UC SHIP enrollment during specified periods at the beginning of each quarter. Your next opportunity will be December 1 – 20th, 2016.

Access to Ashe - All UCLA students can use The Ashe Center, whether or not they have UC SHIP. Students who waive UC SHIP are subject to specific fees (A PCP visit is only \$12 billed to the student's BruinBill or \$0 if you purchase [Bruincare](#)). For a full list of fees and services, visit www.studenthealth.ucla.edu and click on "[Services](#)."

UC SHIP BASICS 2016-17

UC SHIP Premiums 2016-17

	<i>Per Quarter</i>	<i>Per Semester</i>	<i>Annual</i>
Undergraduate	\$716.65	N/A	\$2,149.95
Graduate	\$1,214.03	\$1,821.04	\$3,642.09

'16 Winter Quarter and '17 Spring Semester Coverage Dates

<i>Winter Quarter UC SHIP Coverage Dates</i>		<i>Spring Semester UC SHIP Coverage Dates</i>	
Qtr. Students and Anderson Students	1/4/17 – 3/28/17	Semester Students (Medical and Law)	Check your academic calendars

UC SHIP Mobile App - Access your Anthem Blue Cross and Delta Dental ID cards via the "StudentHealth" mobile app.

You only need your UCLA student ID to register. [Download for Apple iPhone](#) | [Download in Android Store](#)

- ✓ To print your UC SHIP ID Card, visit www.mobilehealthconsumer.com/studenthealth
- ✓ To print your Delta Dental ID card, register on the Delta Dental website at www.deltadentalins.com/ucship.

UC SHIP BENEFITS

- [Where and How to Get Your Care](#)

[The Ashe Center](#) - Your first stop for all non-emergency medical care.
[Anthem Blue Cross Medical](#)

- A valid Ashe [referral](#) is required for all medical services outside of Ashe (except for services rendered at a participating Urgent Care or Emergency Room facility). Review our [benefit grid](#) for applicable copayments and coinsurances when considering from which tier to access care.
- When necessary and appropriate, your primary care provider (PCP) at Ashe can write a referral for treatment by a specialist outside of Ashe.
- Traveling abroad? Medical assistance outside of the U.S. is provided through the Blue Card Worldwide Program. For more information, click [here](#).

Urgent Care – No referral required

- You can always get medical advice through the confidential [24/7 NurseLine](#) at (310) 825-4073. NurseLine can provide guidance to help you make informed decisions about your situation.
- Find a participating facility at [www.anthem.com](#) or call Member Services at 866-940-8306.
- Copayments are \$125 per emergency room visit and \$25 per urgent care visit.

Anthem Blue View Vision and Delta Dental – No referral is required.

- **Visit UCLA’s own U SEE LA Optometry on the B level of Ackerman – a Blue View Vision Provider**
- Visit [www.anthem.com](#) for Blue View Vision Insight providers or call (866) 940-8306. Visit [www.deltadentalins.com/ucship](#) for Delta Dental providers or call (800) 765-6003.

Behavioral Health - All behavioral health services must be initiated at the [UCLA Counseling and Psychological Services \(CAPS\)](#). To make appointments or seek 24/7 assistance, call (310) 825-0768.

Optum RX Pharmacy – Any questions pertaining to your prescription medications, please contact Optum RX at (844) 265-1879.

NON-REGISTERED VOLUNTARY SHIP AND DEPENDENT COVERAGE

For Students Graduating or Not Returning to UCLA – [What Happens Next?](#)

- You may be able to purchase a [UC SHIP extension](#) for an additional term. Call Wells Fargo Insurance Services at (800) 853-5899 for coverage and purchase information.
- [Covered California](#) is a federal/state-sponsored health insurance program, (800) 300-1506. You may be eligible for assistance to pay your premiums based on your age, income, and household number.

Dependents – Students may purchase dependent coverage for eligible [dependents](#). Please contact Wells Fargo Insurance Services directly at (800) 853-5899 for further information.

IMPORTANT REMINDER – All incoming students (quarter *and* semester) must comply with the new immunization requirements. Please visit [www.studenthealth.ucla.edu/immune](#) for information on how to comply. If you have any questions, contact ASHEIMMUNE@ashe.ucla.edu

Questions?

<p>Medical Advice & Information:</p> <ul style="list-style-type: none"> • 24/7 Nurseline: 310-825-4073 • Secure message your Ashe PCP 	<p>UC SHIP enrollment & coverage:</p> <ul style="list-style-type: none"> • shsins@ashe.ucla.edu • (310) 825-4073, option 4 • 4th floor of The Ashe Center: Mon-Thurs 8am-5pm Fri 9am-5pm 	<p>Waiving UC SHIP:</p> <ul style="list-style-type: none"> • ucshipwaivers@ashe.ucla.edu • (310) 825-4073, option 4 • 4th floor of The Ashe Center: Mon-Thurs 8am-5pm Fri 9am-5pm
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Wishing you a safe and happy holiday season!

Barbara Rabinowitz
Insurance Manager
UCLA Arthur Ashe Student Health and Wellness Center
[www.studenthealth.ucla.edu](#)