December 7th 2018

Dear UCLA Student,

This email contains important information about your healthcare coverage for the winter quarter/spring semester. Please feel free to share this email with your parents. More information can be found through our website at www.studenthealth.ucla.edu.

As a reminder, the Ashe Center will be closed in observance of the winter holiday. The Ashe Center will remain open until Friday, December 21, 2018. We will be closed beginning Saturday, December 22, 2018 through Tuesday, January 1, 2019. We will resume normal business hours Wednesday, January 2nd, 2019.

If you require medical care during our holiday break, remember that registered students have access to advice and information from a registered nurse through the After Hours Nurseline at (310) 825-4073. For more information, please visit our Urgent Care/Emergency Services subtab on the student health website under the Insurance main page.

UC SHIP WAIVER 2018-2019

If you have already successfully waived UC SHIP for the academic year, you may disregard this section. As a reminder, all UCLA registered students are automatically charged and enrolled in the University of California Student Health Insurance Plan (UC SHIP). If you have private healthcare coverage that meets the current UC SHIP Waiver Criteria and do not wish to be dually insured, you must submit an annual waiver.

**Waiver Criteria** - The University sets minimum standards of adequate health insurance modeling after that of the Affordable Care Act. Students who wish to waive must review their policy for compliance. The waiver criteria are subject to changes every academic year.

**Waiver Deadline** - The waiver application will be available beginning December 1 – 20th, 2018 for quarter and semester students. All students must waive by their Fee Payment Deadline. Remember, waivers must be completed every academic year. Please review the waiver calendar for the appropriate deadline dates.

- **Waiver Cancellations** – Re-enrolling into UC SHIP can be done during the respective waiver periods.

**Access to Ashe** – All UCLA students can use The Ashe Center, whether or not they have UC SHIP. Students who waive UC SHIP are subject to specific fees (A PCP visit is only $12 billed to the student’s BruinBill or $0 if you purchase Bruincare). For a full list of fees and services, visit www.studenthealth.ucla.edu and click on "Services."

<table>
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<tr>
<th>UC SHIP Premiums 2018-2019</th>
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<tbody>
<tr>
<td><strong>Per Quarter</strong></td>
</tr>
<tr>
<td>Undergraduate</td>
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<td>Graduate</td>
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**‘19 Winter Quarter and ‘19 Spring Semester Coverage Dates**

<table>
<thead>
<tr>
<th>Winter Quarter</th>
<th>Spring Semester</th>
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<tr>
<td>Qtr. Students and Anderson Students</td>
<td>1/2/19 – 3/26/19</td>
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**UC SHIP Mobile App** – Access your Anthem Blue Cross and Delta Dental ID cards via the "StudentHealth" mobile app.
UC SHIP BENEFITS

- **Where and How to Get Your Care**

  **The Ashe Center** - Your first stop for all non-emergency medical care.

  **Anthem Blue Cross Medical**

  A valid Ashe referral is required for all medical services outside of Ashe (except for services rendered at a participating Urgent Care or Emergency Room facility). Review our benefit grid for applicable copayments and coinsurances when considering from which tier to access care.

  - When necessary and appropriate, your primary care provider (PCP) at Ashe can write a referral for treatment by a specialist outside of Ashe.
  - Traveling abroad? Medical assistance outside of the U.S. is provided through the Blue Cross Blue Shield Global Core Programs. For more information, click here.

  **Urgent Care** – No referral required

  - You can always get medical advice through the confidential 24/7 NurseLine at (310) 825-4073. NurseLine can provide guidance to help you make informed decisions about your situation.
  - Find a participating facility at www.anthem.com or call Member Services at 866-940-8306.
  - Copayments are $125 per emergency room visit and $25 per urgent care visit.

  **Anthem Blue View Vision and Delta Dental** – No referral is required.

  - Visit UCLA’s own U SEE LA Optometry on the B level of Ackerman – a Blue View Vision Provider
  - Visit www.anthem.com for Blue View Vision Insight providers or call (866) 940-8306. Visit www.deltadentalins.com/ucship for Delta Dental providers or call (800) 765-6003.

  **Behavioral Health** - All behavioral health services must be initiated at the UCLA Counseling and Psychological Services (CAPS). To make appointments or seek 24/7 assistance, call (310) 825-0768.

  **OptumRX & Bruin Health Pharmacy**

  - Bruin Health Pharmacy (formerly the Ashe Pharmacy) is open to all registered students at UCLA! It is located on the A level of Ackerman Union. You may reach them by calling (310) 825-5497 or by visiting the student health website: http://www.studenthealth.ucla.edu/BruinHealthPharmacy.

NON-REGISTERED VOLUNTARY SHIP AND DEPENDENT COVERAGE

For Students Graduating or Not Returning to UCLA – What Happens Next?

- You may be able to purchase a UC SHIP extension for an additional term. Contact Academic HealthPlans (AHP) at UCHIP@AHPservice.com for coverage, purchase information and appropriate deadline dates.
- Covered California is a federal/state-sponsored health insurance program, (800) 300-1506. You may be eligible for assistance to pay your premiums based on your age, income, and household number.
Dependents – Students may purchase dependent coverage for eligible dependents. Please contact Academic HealthPlans (AHP) directly at UCSHIP@AHPservice.com for further information, enrollment forms and deadline dates to enroll dependents.

Questions?

<table>
<thead>
<tr>
<th>Medical Advice &amp; Information:</th>
<th>UC SHIP enrollment &amp; coverage:</th>
<th>Waiving UC SHIP:</th>
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</thead>
<tbody>
<tr>
<td>• 24/7 Nurseline:</td>
<td>• <a href="mailto:shsins@ashe.ucla.edu">shsins@ashe.ucla.edu</a></td>
<td>• <a href="mailto:ucshipwaivers@ashe.ucla.edu">ucshipwaivers@ashe.ucla.edu</a></td>
</tr>
<tr>
<td>• 310-825-4073</td>
<td>• (310) 825-4073, option 4</td>
<td>• (310) 825-4073, option 4</td>
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<tr>
<td>• Secure message your Ashe PCP</td>
<td>• 4th floor of The Ashe Center: Mon- Thurs 8am-5pm</td>
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<td></td>
<td>• Fri 9am-5pm</td>
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Wishing you a safe and happy holiday season!

In good health,

The Arthur Ashe Insurance Office
Office: (310) 794-5613
Fax: (310) 206-1651
Waiver Inquiries: ucshipwaivers@ashe.ucla.edu
General Insurance Inquiries: shsins@ashe.ucla.edu
www.studenthealth.ucla.edu