UCLA UC SHIP Mental Health Benefit Program (BHS)  
PLAN YEAR 2015-16

This program is provided by UCLA Counseling and Psychological Services (CAPS) and UCLA Neuropsychiatric Behavioral Health Services (NPBHS), it is not underwritten or provided by Anthem Blue Cross.

All insured students are covered for behavioral health services through the UCLA Counseling and Psychological Services (CAPS). All UC SHIP student requests for Behavioral Health services must be initiated through CAPS. Their phone number is 310-825-0768, you can also look online at http://www.counseling.ucla.edu for further information on available services. For care beyond the scope of CAPS or for emergency care, students are referred to the UCLA Neuropsychiatric Behavioral Health Services (NPBHS) by CAPS. NPBHS provides clinical services, specialty clinics, inpatient and utilization and case management through the Resnick Neuropsychiatric Hospital (R-NPH).

NPBHS provides the following services based upon a provider agreement with UCLA Counseling and Psychological Services (CAPS):

- Upon referral from CAPS, medically necessary outpatient visits at NPBHS are covered at 100% per visit. There is no benefit differentiation for parity versus non-parity diagnosis and there is no patient financial liability.
- All out-of-area outpatient care requires prior approval from the NPBHS Clinical Coordinator. NPBHS does not pay out-of-area providers directly. The SHIP member is required to submit a claim with proof of payment no more than 30 days from the date of service. Insured will be reimbursed at $30 per date of service. There is a maximum of 40 outpatient visits per school year.
- Based on medical necessity, access to consultations within the NPBHS specialty clinic: mood disorders, schizophrenia, anxiety, and women’s life.
- If medically necessary, Partial Hospitalization Program days at R-NPH will have no patient liability.
- If medically necessary, Intensive Outpatient Program days at R-NPH will have no patient liability.
- If medically necessary, access to Matrix IOP addiction services will have no patient liability.
- The emergency hospitalization benefit for acute psychiatric inpatient care outside of the 50 mile radius from UCLA, or with prior approval, is limited to usual and customary rate as per the BHS contracted rate. Associated professional fees are reimbursed as per out-of-area outpatient services. NPBHS must be notified of any emergency hospitalizations with 24 hours of admission at (310)267-9171.

Exclusions and Limitations (Behavioral Healthcare that is NOT covered by BHS):

The SHIP Mental Health Benefit Program does not cover the following:

1. Non-NPBHS within a 50-mile radius of UCLA except in an emergency or with prior written approval from the NPBHS director, based on medical necessity.
2. Services outside of the United States.
3. Psychological or Neuropsychological testing for the diagnosis of attention deficit disorder or learning disabilities.
4. Smoking cessation-related services.
5. Inpatient or Outpatient ECT or VNS services.
6. Extended career treatment, residential level of care or substance abuse facilities.
7. Travel or transportation expenses, unless specifically arranged and requested by NPBHS.
8. Examinations or treatments for the following:
   a) For purposes of career, education, sports, camps, travel, employment, insurance or adoption
   b) Ordered by the court, unless required by law
   c) For purposes of medical research, experiment or investigation
   d) To obtain or maintain a license of any type
10. No coordination of benefits for covered services paid by primary group coverage.
11. Any treatment or service not specifically listed within the BHS benefit guideline, even if it has not been specifically identified as an exclusion or limitation.
12. Transcranial Magnetic Stimulation (TMS).
13. UC Students from another campus.
15. Home visits.