March 1, 2018

Dear UCLA Student,

This email contains important information about your healthcare coverage for the Spring term. More information can be found through our website at www.studenthealth.ucla.edu.

**UC SHIP WAIVER 2017-18**

If you have already successfully waived UC SHIP for the academic year, you may disregard this section. As a reminder, all UCLA registered students are automatically charged and enrolled in the University of California Student Health Insurance Plan (UC SHIP). If you have private healthcare coverage that meets the current UC SHIP Waiver Criteria and do not wish to be charged for UC SHIP, you must submit a waiver by fee payment deadline date.

**Waiver Criteria** - The University sets minimum standards of adequate health insurance modeling after that of the Affordable Care Act. Students who wish to waive must review their policy for compliance. The waiver criteria are subject to changes every academic year.

**Waiver Deadline** – The waiver application will be active beginning March 1st – 20th, 2018 for quarter students. **Semester students are unable to waive at this time. All students must waive by their Fee Payment Deadline.**

- **Waiver Cancellations** – You can make changes to your UC SHIP enrollment during specified periods at the beginning of each quarter. Your next opportunity to cancel your waiver and re-enroll into UC SHIP will be March 1st – 20th, 2018.

**Access to Ashe** – All UCLA students can access Ashe Center services whether or not they have UC SHIP. Students who waive UC SHIP are subject to specific fees (A PCP visit is only $12 billed to the student’s BruinBill or $0 if you purchase Bruincare). For a full list of fees and services, visit www.studenthealth.ucla.edu and click on “Services.”

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**UC SHIP 2017-18**

**UC SHIP Premiums 2017-18**

<table>
<thead>
<tr>
<th></th>
<th>Per Quarter</th>
<th>Per Semester</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate</td>
<td>$725.69</td>
<td>N/A</td>
<td>$2,177.09</td>
</tr>
<tr>
<td>Graduate</td>
<td>$1,272.09</td>
<td>$1,908.14</td>
<td>$3,816.28</td>
</tr>
</tbody>
</table>

**2018 Spring Quarter and 2018 Spring Semester Coverage Dates**

<table>
<thead>
<tr>
<th></th>
<th>Spring Quarter</th>
<th>Spring Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qtr. Students and</td>
<td>3/28/18- 9/23/18</td>
<td>Check your academic calendars</td>
</tr>
<tr>
<td>Anderson Students</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Semester Students</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Medical and Law)</td>
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</table>

**UC SHIP Mobile App** – Access your Anthem Blue Cross and Delta Dental ID cards via the “StudentHealth” mobile app.

**UC SHIP Mobile App**

- You only need your UCLA student ID to register.  Download for Apple iPhone | Download in Android Store
- To print your UC SHIP ID Card, visit www.mobilehealthconsumer.com/studenthealth
- To print your Delta Dental ID card, register on the Delta Dental website at www.deltadentalins.com/ucship.

**UC SHIP BENEFITS**

- **Where and How to Get Your Care**

**The Ashe Center** - Your first stop for all non-emergency medical care.

**Anthem Blue Cross Medical**

- A valid Ashe referral is required for all medical services outside of Ashe (except for services rendered at a participating Urgent Care or Emergency Room facility). Review our benefit grid for applicable copayments and coinsurances when considering which tier to access care.
- When necessary and appropriate, your primary care provider (PCP) at Ashe can write a referral for treatment by a specialist outside of Ashe.
• Traveling abroad? Medical assistance outside of the U.S. is provided through the Blue Card Worldwide Program. For more information, click here. * If you anticipate traveling abroad and will need to have immunizations prior to your departure, please be sure to make an appointment with the Ashe Center Travel Nurse ahead of time.

**Urgent Care** – No referral required
- You can always get medical advice through the confidential 24/7 NurseLine at (310) 825-4073. The NurseLine can provide guidance to help you make informed decisions about your situation.
- Find a participating facility at www.anthem.com or call Member Services at 866-940-8306.
- For Anthem In-Network providers copayments are $125 per emergency room visit and $25 per urgent care visit.

**Anthem Blue View Vision and Delta Dental** – No referral is required
- Visit UCLA’s own U SEE LA Optometry on the B level of Ackerman – a Blue View Vision Provider
- Visit www.anthem.com for Blue View Vision Insight providers or call (866) 940-8306.
- Visit www.deltadentalins.com/ucship for Delta Dental providers or call (800) 765-6003.

**Behavioral Health** - All behavioral health services must be initiated at the UCLA Counseling and Psychological Services (CAPS). To make appointments or seek 24/7 assistance, call (310) 825-0768.

**Optum RX Pharmacy** – Any questions pertaining to your prescription medications, please contact Optum RX at (844) 265-1879.

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**NON-REGISTERED VOLUNTARY SHIP AND DEPENDENT COVERAGE**

For Students Graduating or Not Returning to UCLA – **What Happens Next?**
- You may be able to purchase a UC SHIP extension for an additional term. Call USI (formerly Wells Fargo Insurance Services) at (800) 853-5899 for coverage and purchase information.
- **Covered California** is a federal/state-sponsored health insurance program, (800) 300-1506. You may be eligible for assistance to pay your premiums based on your age, income, and household number.

**Dependents** – Students may purchase dependent coverage for eligible dependents. Please contact USI (formerly Wells Fargo Insurance Services) directly at (800) 853-5899 for further information.

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**IMPORTANT REMINDERS**

- **Bruin Health Pharmacy** (formerly the Ashe Pharmacy) is now open to all registered students at UCLA! It is located on the A level of Ackerman. You may reach them by calling (310) 825-5497 or going to www.studenthealth.ucla.edu/pharmacy
- If you have not completed your preventive immunization requirement, please schedule an Ashe appointment. For students not enrolled in UC SHIP, please check our fee schedule to confirm your financial liability.

**Questions?**

<table>
<thead>
<tr>
<th>Medical Advice &amp; Information:</th>
<th>UC SHIP enrollment &amp; coverage:</th>
<th>Waiving UC SHIP:</th>
</tr>
</thead>
<tbody>
<tr>
<td>24/7 Nurseline: 310-825-4073</td>
<td><a href="mailto:shsins@ashe.ucla.edu">shsins@ashe.ucla.edu</a></td>
<td><a href="mailto:ucshipwaivers@ashe.ucla.edu">ucshipwaivers@ashe.ucla.edu</a></td>
</tr>
<tr>
<td>Secure message your Ashe PCP</td>
<td>(310) 825-4073, option 4</td>
<td>(310) 825-4073, option 4</td>
</tr>
<tr>
<td></td>
<td>4th floor of The Ashe Center: Mon-Thurs 8am-5pm Fri 9am-5pm</td>
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</tr>
</tbody>
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Wishing you a safe and happy spring term!

Barbara Rabinowitz
Insurance Manager
UCLA Arthur Ashe Student Health and Wellness Center
www.studenthealth.ucla.edu