Dear UCLA Student,

Happy Fall! Welcome back from the Student Health Insurance Office!

This email contains important information about your healthcare coverage for the fall term. Please feel free to share this email with your parents. More information can be found through our website at www.studenthealth.ucla.edu.

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**UC SHIP WAIVER 2018-2019**

Waiving is an annual process to be completed at the beginning of each academic year. If you have already successfully waived, you may disregard this section. As a reminder, all UCLA registered students are automatically charged and enrolled in the University of California Student Health Insurance Plan (UC SHIP). If you have private healthcare coverage that meets the current UC SHIP Waiver Criteria and do not wish to be dually insured, you must submit an annual waiver.

**Waiver Criteria** - The University sets minimum standards of adequate health insurance modeling after that of the Affordable Care Act. Students who wish to waive must review their policy for compliance. The waiver criteria are subject to changes every academic year.

**Waiver Deadline** - All students must waive by their Fall 2018 Fee Payment Deadline. Remember, waivers must be completed every academic year. Please review the waiver calendar for the appropriate deadline dates.

- **Waiver Cancellations** – Re-enrolling into UC SHIP can be done during the respective waiver periods.

**Access to Ashe** – All UCLA students can use The Ashe Center, whether or not they have UC SHIP. Students who waive UC SHIP are subject to specific fees (A PCP visit is only $12 billed to the student’s BruinBill or $0 if you purchase Bruincare). For a full list of fees and services, visit www.studenthealth.ucla.edu and click on “Services.”

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**UC SHIP BASICS 2018-2019**

**UC SHIP Premiums 2018-2019**

<table>
<thead>
<tr>
<th></th>
<th>Per Quarter</th>
<th>Per Semester</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate</td>
<td>$741.90</td>
<td>N/A</td>
<td>$2,225.70</td>
</tr>
<tr>
<td>Graduate</td>
<td>$1,300.64</td>
<td>$1,950.97</td>
<td>$3,901.94</td>
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**Spring/Summer 2017 and Fall 2018 Coverage Dates**

<table>
<thead>
<tr>
<th></th>
<th>Spring/Summer 2018</th>
<th>Fall 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qtr. Students</td>
<td>3/28/18 - 9/23/18</td>
<td>9/24/18 – 1/1/19</td>
</tr>
<tr>
<td>Semester &amp; Anderson</td>
<td>Check your academic</td>
<td>Check your academic</td>
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<td></td>
<td>calendars</td>
<td>calendars</td>
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**UC SHIP Mobile App** – Access your Anthem Blue Cross and Delta Dental ID cards via the “StudentHealth” mobile app.

*You only need your UCLA student ID to register.* Download for Apple iPhone | Download in Android Store

**UC SHIP BENEFITS**

- **Where and How to Get Your Care**

**The Ashe Center** - Your first stop for all non-emergency medical care.

**Anthem Blue Cross Medical**

- A valid Ashe referral is required for all medical services outside of Ashe (except for services rendered at a participating Urgent Care or Emergency Room facility). Review our benefit grid for applicable copayments and coinsurances when considering from which tier to access care.
• When necessary and appropriate, your primary care provider (PCP) at Ashe can write a referral for treatment by a specialist outside of Ashe.

**Urgent Care – No referral required**
• You can always get medical advice through the confidential 24/7 NurseLine at (310) 825-4073. NurseLine can provide guidance to help you make informed decisions about your situation.
• Find a participating facility at www.anthem.com or call Member Services at 866-940-8306.
• Copayments are $125 per emergency room visit and $25 per urgent care visit.

*Anthem Blue View Vision and Delta Dental – No referral is required.*
• Visit UCLA’s own U SEE LA Optometry on the B level of Ackerman – a Blue View Vision Provider
• Visit www.anthem.com for Blue View Vision Insight providers or call (866) 940-8306. Visit www.deltadentalins.com/ucship for Delta Dental providers or call (800) 765-6003.

**OptumRX & Bruin Health Pharmacy**
• Bruin Health Pharmacy (formerly the Ashe Pharmacy) is open to all registered students at UCLA! It is located on the A level of Ackerman Union. You may reach them by calling (310) 825-5497 or by visiting the student health website: http://www.studenthealth.ucla.edu/BruinHealthPharmacy.

*Behavioral Health* - All behavioral health services must be initiated at the UCLA Counseling and Psychological Services (CAPS). To make appointments or seek 24/7 assistance, call (310) 825-0768.

**NON-REGISTERED VOLUNTARYSHIP AND DEPENDENT COVERAGE**

For Students Graduating or Not Returning to UCLA – *What Happens Next?*
• You may be able to purchase a UC SHIP extension for an additional term. Call USI Insurance Services (formerly Wells Fargo Insurance Services) at (800) 853-5899 for coverage and purchase information. For enrollment deadline dates, contact The Ashe Insurance Office.

• Covered California is a federal/state-sponsored health insurance program, (800) 300-1506. You may be eligible for assistance to pay your premiums based on your age, income, and household number.

• **Dependents** – Students may purchase dependent coverage for eligible dependents. Please contact USI Insurance Services directly at (800) 853-5899 for further information. For enrollment deadline dates, contact The Ashe Insurance Office.

**IMPORTANT REMINDER** – All incoming students (quarter and semester) must comply with the new immunization requirements. Please visit www.studenthealth.ucla.edu/immune for information on how to comply. If you have any questions, contact ASHEIMMUNE@ashe.ucla.edu.

**Questions?**

<table>
<thead>
<tr>
<th>Medical Advice &amp; Information:</th>
<th>UC SHIP Enrollment &amp; Coverage:</th>
<th>Waiving UC SHIP:</th>
</tr>
</thead>
</table>
| • 24/7 Nurseline: 310-825-4073 | • shsins@ashe.ucla.edu  
• Secure message your Ashe PCP | • ucsipwaivers@ashe.ucla.edu  
• (310) 825-4073, option 4  
• 4th floor of The Ashe Center: Mon-Thurs 8am-5pm  
Fri 9am-5pm |

Have a successful and happy term!

In good health,

The Ashe Insurance Office  
UCLA Arthur Ashe Student Health and Wellness Center  
www.studenthealth.ucla.edu