The Ashe Center’s Infection Control & Safety Committee continues to monitor Measles in the Los Angeles area, including the recent report on our UCLA campus. Watch The Ashe Center website for info as it develops.

MEASLES
HEALTH ADVISORY 2019

SIGNS & SYMPTOMS
The symptoms of measles generally appear about 7-21 days after a person is first infected.

Measles typically begins with:
High fever, cough, runny nose (coryza), and red, watery eyes (conjunctivitis), and white spots inside the mouth (Koplik spots).
Two to four days after symptoms begin, a red, raised rash will appear throughout the body.

RECOMMENDATIONS
“What should I do if I think I’ve been exposed to Measles?”

DETERMINE IF YOU ARE ALREADY IMMUNIZED
You’re immunized if you have had two doses of the MMR vaccine after age 1, or a positive titer. If you don’t have either of these, please send a message to the Measles inbox through The Ashe Center Patient Portal.

IF DIAGNOSED, PLEASE CONSIDER STAYING HOME
There is no specific treatment for Measles. If you have symptoms, please stay at home, drink plenty of fluids, and take a fever reducer (such as Tylenol).

CONTACT THE ASHE CENTER IF YOU HAVE QUESTIONS
If you would like additional medical advice, please send a message to the Measles inbox through The Ashe Center Patient Portal, or call our designated information line at 310-206-6217.

NOTE: This advisory will be updated as new information becomes available. Please check back periodically. Health information courtesy CDC.gov.