EBOLA VIRUS

TRAVEL GUIDELINES

The Ashe Center’s Infection Control & Safety Committee continues to monitor the current outbreak of the Ebola virus disease (EVD) in West Africa. The following are guidelines that apply to students planning travel to, or are returning from, Sierra Leone, Guinea, Liberia, Nigeria, and other countries in their close proximity, and procedures for monitoring travelers’ health upon returning to or visiting UCLA.

MINIMAL RISK IN THE UNITED STATES

Ebola is NOT a respiratory disease like the flu: Ebola is NOT transmitted through the air!

MINIMAL RISK IN THE UNITED STATES

Although the risk of Ebola contagion remains very low, enhanced surveillance and infection prevention responses by government agencies may result in disruption of a country’s travel infrastructure and/or healthcare support systems, thus potentially affecting any individual traveling to, from or within affected nations. Also, emergency healthcare for travelers may not be readily available.

RECOMMENDATIONS

For all individuals planning travel to, or are returning from, Sierra Leone, Guinea, Liberia and other Western African countries:

1. All travelers are strongly advised to defer all nonessential travel to nations with documented cases of EVD.

2. Travel to other West Africa countries

It is strongly recommended that all students defer any planned travel to the region until after the current health emergency in the region is resolved. UCLA students currently within these countries are advised to return home as soon as possible.

3. Prior to entering the UCLA campus:

   Individuals returning from travel to countries with community spread of Ebola (Guinea, Liberia, and Sierra Leone) shall contact the appropriate on-campus Health Center staff for consultation.
   • UCLA Students: Contact The Ashe Center at 310-825-4073
   • UCLA Faculty and Staff: Contact Occupational Health Services at 310-825-6771
   • After Hours and Visitors: Contact a local health care provider or the Ronald Reagan UCLA Medical Center Emergency Department at (310) 825-2111

4. For travelers arriving or returning from all countries in West Africa (including visitors who are participating in UCLA programs):
   • For 21 days after returning, travelers shall check their temperature twice daily and report any fever or other new symptoms to the appropriate health center. Symptoms may include fever measuring 100.5 degrees F or higher, severe headache, joint or muscle aches, weakness, diarrhea, vomiting, abdominal pain, or loss of appetite. Visit the CDC website for a complete list of Ebola symptoms.

5. If you are an ill traveler (i.e. have any of the symptoms listed above), DO NOT REPORT TO WORK OR SCHOOL OR ATTEND ANY FUNCTIONS, especially if you have a fever with temperature measuring 100.5 degrees F (38.5 degrees C) or higher. First, contact the appropriate health center for consultation (see above).

NOTE: Due to the ongoing and dynamic nature of the current outbreaks in some West African countries, this advisory will be updated as new information becomes available. Please check back periodically.

Last Updated: October 15, 2014