Dear UCLA Graduating Student,

The Ashe Center would like to congratulate those of you who have graduated from UCLA this Spring!!

We want to provide you with a few important reminders about transitioning your health care and understanding your insurance options as your eligibility for services at The Ashe Center approaches an end. If you have received this email in error, please disregard the following message.

Spring quarter graduates will be covered under UC SHIP through Sunday, September 22, 2018 (semester students - please check your academic calendar for 2018-2019 UC SHIP coverage dates).

**Before you leave UCLA, make sure to complete the following:**

- If you have a chronic condition, make sure you arrange a suitable referral plan with your Ashe Primary Care Provider. To obtain a copy of your medical records, access the "How do I..." drop down menu on the Ashe Center Homepage and select "Request Medical Records and Statement." You can request your medical records to be sent electronically or via mail.
- If you have current prescriptions at the Bruin Health Pharmacy, transfer your prescriptions by contacting the pharmacy where you want your prescriptions transferred. Provide them with the name of the medication, your prescription number and have them call the Bruin Health Pharmacy at (310) 825-5497.
- Remember to review your BruinBill account up to 6 months after you have left the university to check for potential charges that may be posted to your account. Make sure your current mailing and email addresses are up to date on your MyUCLA account.

**Five Insurance Options for Health Care after UC SHIP:**

1. Covered California for Californians (Obamacare): You can purchase a plan through California’s healthcare exchange by visiting [www.coveredca.com](http://www.coveredca.com) or calling (800) 300-1506. Please confirm their qualifying events and enrollment dates etc.
2. Public Health Care Program: You may be eligible for Medi-Cal (for low-income individuals and families), Pregnancy-related Programs, or AIDS-related Programs. Visit [http://dpssbenefits.lacounty.gov](http://dpssbenefits.lacounty.gov) for details on eligibility and enrollment in LA County or [https://www.dhcs.ca.gov/individuals/](https://www.dhcs.ca.gov/individuals/) for Medi-Cal programs through California.
3. Stay on your Parents’ Employer Plan until Age 26: You may be eligible for coverage under your parents/guardian until age 26. Be sure to verify this age limitation and enrollment time frame because plans may differ in their age restrictions and midyear enrollment.
4. UC SHIP Continuation Plan: Academic Health Plan (AHP) Insurance Services, a contracted affiliate of UC SHIP, is solely responsible for this insurance extension option that offers the same great benefits for one additional academic term. Please contact their office for enrollment, purchase deadline dates and premium payment(s) at [UCSHIP@ahpservice.com](mailto:UCSHIP@ahpservice.com) In your AHP email please include your name, UCLA UID #, date of birth and reason for the request.
5. UC Alumni Association: The UCLA Alumni Association offers health insurance plans for alumni at discounted rates. Contact an Alumni plan representative at (855) 345-0538 or (888) 560-Alum (2586) or at [https://alumni.ucla.edu/membership-benefits/](https://alumni.ucla.edu/membership-benefits/) or [http://ucla.alumniplans.com/health-insurance.html](http://ucla.alumniplans.com/health-insurance.html) for enrollment opportunities.

For more information about the insurance options available to you after graduation, visit the Ashe Insurance
homepage on the student health website at www.studenthealth.ucla.edu Congratulations again on your achievements and wishing you continued good health and success in your future endeavors!

Sincerely,
The Ashe Student Health and Wellness Center
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www.studenthealth.ucla.edu