Dear UCLA Student,

This email contains important information about your healthcare coverage for the summer period. Please feel free to share this email with your parents. More information can be found through our website at www.studenthealth.ucla.edu.

For Recent Grads or Those Not Returning to UCLA

- You may be eligible to purchase voluntary UC SHIP insurance coverage for an additional term after you are no longer a student through Academic Health Plans (AHP). Please contact them via email at UCSHIP@AHPservice.com or connect with a representative by calling (855) 428-0727 for enrollment and additional assistance.
- Covered California is a federal/state-sponsored health insurance program. You may be eligible for financial assistance to pay your premiums based on your age, income, and household number. Find out more at www.coveredca.com or call (800) 300-1506 to speak with a representative.

UC SHIP Fees and Coverage Dates 2019-2020

Spring/Summer 2019 Coverage Dates
Quarter students  March 27, 2019 through September 22, 2019
Semester students  Please review the 2018-2019 academic calendar for appropriate coverage dates.

Fall 2019 UC SHIP Coverage Dates
Quarter students  September 23, 2019 through January 1, 2020
Semester, MBA & FEMBA students  Depending on your school, please check your academic calendar for coverage dates.

Premiums
Undergraduates  $ 838.90  per quarter
Graduates  $1,439.66 per quarter
$2,159.49 per semester (law & medical students)

Students with UC SHIP: Where to Get Your Care

The Ashe Center/Anthem Blue Cross Medical Providers
- The Ashe Center is your first stop for all non-emergent medical care. If needed, your primary care provider (PCP) at Ashe can refer you to an Anthem network provider.
- If your Ashe PCP determines that you need to see a specialist outside of the Ashe Center, they will authorize the necessary Ashe referral. It is your responsibility to obtain the referral before incurring outside medical expenses. Retro-referrals are not granted.
- The University of California provides "reciprocity" of health care services among UC campuses for all enrolled UC students. If you're traveling away from the UCLA campus, you have the option to seek primary care at any UC student health services clinic. Please the UCOP website for additional information.
The Ashe Center, ASAP Clinic, Bruin Health Pharmacy, CAPS, and U SEE LA Optometry are open during the summer months. Please visit the Student Health website for specific operation hours for each department.

**IMPORTANT REMINDER** – Bruin Health Pharmacy (formerly the Ashe Pharmacy) is open to all registered students at UCLA! It is located on the A level of Ackerman Union. You may reach them by calling (310) 794-2244 or going to [www.studenthealth.ucla.edu](http://www.studenthealth.ucla.edu).

**Mobile Application:** In order to have a copy of your insurance ID card, please download the “Student Health” application on your mobile device to access an electronic copy of your card. For questions or further assistance, please visit our [website](http://www.studenthealth.ucla.edu) for more information.

**Urgent Care**
- Medical advice is given through the confidential 24/7 NurseLine at (310) 825-4073.
- Anthem in-network emergency rooms and urgent care facilities can be found through [www.anthem.com](http://www.anthem.com) or by calling Member Services at (866) 940-8306. Copayments are $125 per emergency room visit, $25 per urgent care visit respectively. **No referral is necessary when seeking treatment at an urgent care or ER facility however be sure to connect with your Ashe PCP should you need to seek follow up treatment.**

**Anthem Blue View Vision Insight and Delta Dental**
- No referral is required. You may see any vision or dental provider of your choice. Seeing an in-network provider in your area keep your costs low so be sure to verify if they are a Blue Vision Insight Provider or Delta Dental PPO Provider.
- **If you would like to see an optometrist, you can make an appointment at U SEE LA Optometry (310) 825-4073. Choose option 1, then 2. They are located on the B level of Ackerman Union.**
- Students who are away from UCLA and would like to see an optometrist can call Blue View Vision at (866) 940-8306 for the nearest participating provider.
- Visit [www.deltadentalins.com/ucship](http://www.deltadentalins.com/ucship) for Delta Dental providers or call (800) 765-6003 for additional assistance. Download the Delta Dental mobile application through the Apple App Store or Google Play Store on your mobile device to obtain an electronic copy of your insurance ID card. Print outs can also be accessed through their website.

**Behavioral Health**
- Students seeking behavioral/mental health services must begin treatment at the UCLA Counseling and Psychological Services (CAPS) center. To make appointments or seek 24/7 assistance, call (310) 825-0768.
- **Reminder:** Patients must have an active and valid referral from CAPS before seeking treatment at outside facilities (Anthem in-network providers, etc.).
- CAPS offers comprehensive therapy and psychiatric care and a range of wellness skills. Visit [www.caps.ucla.edu](http://www.caps.ucla.edu) for more information.

**Dependents and Non-Registered Students**
Dependents and eligible UC SHIP students not returning to school may purchase the Non-Registered Student Voluntary Policy. Please contact Academic Health Plans (AHP) directly via email at [UCSHIP@AHPservice.com](mailto:UCSHIP@AHPservice.com) or by connecting with a customer service representative at (855) 428-0727 for further information. You may also contact our office to verify eligibility of enrolling in this plan.

**Questions?**
If you need medical advice and information, call the 24/7 NurseLine or secure-message your Ashe PCP.
UC SHIP WAIVER 2019-2020

Automatic Fee

Continuing Students
All UCLA registered students are automatically charged/enrolled in the University of California Student Health Insurance Plan (UC SHIP). If you have private healthcare coverage that meets the current UC SHIP Waiver Criteria, you may waive this fee by opting out of UC SHIP via the online waiver application. When a waiver is successfully submitted before your fee payment deadline date, students will be credited the UC SHIP premium fee. The fee consistently posts to your BruinBill every term, but students who have successfully waived prior to the start of the fall term will be automatically waived out of UC SHIP for the entirety of the academic year.

Waiver Criteria
The University sets minimum standards of adequate health insurance modeled after the Affordable Care Act. Students who wish to waive must review their insurance policy for compliance. The Waiver Criteria are subject to changes every academic year.

Waiver Deadline
The waiver for the 2019-2020 academic year will be available beginning July 1st and extend until August 31st 2019 for quarter students. Semester, Anderson and self-supporting program students must refer to the 2019-2020 academic calendars for waiver dates and deadlines dates. Remember: opting out of UC SHIP is an annual process and must be completed every academic year in order to avoid being enrolled and charged the UC SHIP premium fee.

Important Reminders
All new incoming students (including all quarter and semester students) must comply with the new immunization requirements. For more information, please visit www.studenthealth.ucla.edu and click on “Immunization Requirements” on the upper right hand side.

Access to Ashe
All registered students have access to the Ashe Center. Students who have waived out of UCSHIP are still eligible to utilize Ashe Center services for nominal fees. For a partial list of fees and services, visit www.studenthealth.ucla.edu and click on “Services.”

For all UC SHIP inquiries or concerns, you may contact a Student Health Insurance Officer by either:
- Emailing at shsins@ashe.ucla.edu
- Calling at (310) 825-4073 option 4, or
- Visiting the 4th floor of The Ashe Center during regular business hours (Mon-Thurs 8am-5pm, Fri 9am-5pm).

You may also visit the UC Office of the President’s UC SHIP website for benefit details and information at www.ucop.edu/ucship.
Don’t forget these numbers!

- The Ashe Center main line: (310) 825-4073
- UCLA Counseling and Psychological Services (CAPS): (310) 825-0768
- Anthem Blue Cross (and Blue View Vision) Member Services: (866) 940-8306
- Delta Dental: (800) 765-6003
- 24/7 Nurseline (when The Ashe Center is CLOSED): (877) 351-3457
- OptumRX Pharmacy Services: (844) 265-1879
- UCLA Neuropsychiatric Behavioral Health Services (BHS): (800) 825-9989
- Academic Health Plans [AHP]: UCSHIP@AHPservice.com or (855) 428-0727

Wishing you a safe and healthy summer!

Sincerely,
The Ashe Insurance Team
(310) 825-4073, Option 4
www.studenthealth.ucla.edu