The Ashe Center’s Infection Control & Safety Committee continues to monitor Pertussis in the LA area, including the known exposure in this location. Follow these instructions to prevent spreading Pertussis to others.

SIGNS & SYMPTOMS
The symptoms of Pertussis generally appear about 7-10 days after a person becomes infected (but can take up to 21 days)

Pertussis typically begins with: Fatigue, runny nose and a mild cough. It can then turn into a severe, paroxysmal cough which lasts for 2-3 months.

RECOMMENDATIONS
“What should I do if I think I’ve been exposed to Pertussis?”

CERTAIN POPULATIONS MAY SEEK PROPHYLAXIS
Patients who are pregnant, immunocompromised, or have moderate to severe asthma may want to receive treatment even if they don’t have symptoms. If you meet these criteria, please contact us at the number above.

IF SYMPTOMATIC:
Please make an appointment at Ashe, as there are medications which can help shorten the duration of the illness.

IF DIAGNOSED:
Please consider staying home to avoid spreading Pertussis to immunocompromised or unvaccinated folks in the community.

CONTACT THE ASHE CENTER IF YOU HAVE QUESTIONS
If you would like additional medical advice, please send a message to the Pertussis Infection Control inbox through The Ashe Center Patient Portal, or call our designated information line at 310-206-6217.

NOTE: This advisory will be updated as new information becomes available. Please check back periodically. Health information courtesy CDC.gov.

Last Updated: August 28, 2019