**Medical/Emergency Crisis**

**Life-Threatening Emergency**

Go to the nearest hospital emergency department: Ronald Reagan UCLA Medical Center Emergency Room (310-825-2111) (Map on next page)

If an ambulance is needed: Call 911 or campus UCPD at 310-825-1491

**Urgent Medical Problem**

When Ashe is open:

- Our Urgent Care Hours are Mon–Thur 2pm-5:30pm, Fri 2pm-4:30pm, Ashe 1st Floor

When Ashe is closed:

- Call our 24/7 Nurseline: 877-351-3457 for advice and information from a registered nurse

- Visit a local Urgent Care Center, [click here](#) to view our list

**Urgent Mental Health Problem**

- Contact Counseling and Psychological Services (CAPS): 24-access to a counselor. Call 310-825-0768

- Suicide Hotline: Los Angeles Suicide Prevention Center: 24-hour crisis hotline. Call 310-391-1253
Directions from The Ashe Center to the Emergency Room (ER)