



UCLA Arthur Ashe Student Health and Wellness Center

Directors Office
222 Westwood Plaza
951703
Los Angeles, California 9095-1703

Dear Parents/Guardians:

First, let me welcome you as the parents/guardians of new and returning UCLA students. UCLA staff and faculty want your son or daughter or special relative to take advantage of and enjoy the many resources, people, activities and programs that UCLA offers. This is a special time in the development of your special person. We recognize them as the future leaders of our community, state, nation and beyond. We don't want any barriers including health issues to interfere with their success.

In my role as the executive director of the Ashe Student Health and Wellness Center, I know that participation in the richness of UCLA is helped immensely by good health. Up-to-date immunization status is an important contributor to good health. Whether for protection from the common (influenza and whooping cough) or the less common (measles, mumps, rubella, and meningococcal disease—both meningitis and blood infection), there are vaccinations that can protect your student from these and other highly contagious illnesses, some of which can be devastating to academic success or life itself.

Please see below for the vaccinations recommended by several important national health organizations as well as the Ashe Center:

AMERICAN COLLEGE HEALTH ASSOCIATION: VACCINE RECOMMENDATIONS

▶ www.acha.org/Publications/docs/ACHA_RIP1_Mar2011.pdf

AMERICAN ACADEMY OF PEDIATRICS: RECCOMENDATIONS UP TO AGE 18

▶ www.aapredbook.aappublicatins.org/resources/IZSchedule7-18.pdf

CENTER FOR DISEASE CONTROL AND PREVEVENTION: VACCINE SCHEDULE

▶ www.cdc.gov/vaccines/recs/schedules/downloads/adult/adult-schedules.pdf

It is best to obtain the vaccinations before coming to UCLA. Check your student's immunization record. Encourage your student to see his/her own care provider or the nearest public health center to determine what, if any, vaccinations, your son or daughter needs, or if there are questions. Dr. James Cherry, renowned UCLA pediatric infectious disease and vaccination expert, joins me in urging you to use the summer to obtain these vaccinations. Recent reports from news outlets tell of outbreaks of contagious illness that is preventable by vaccination.

Should travel or other constraints prevent getting immunizations updated, we provide these vaccinations in the Ashe Center. The student can make an immunization appointment for them. There is

no charge for those who choose the campus student health insurance (SHIP). For those who have family insurance and waive SHIP, reasonable fees are charged. Again, we recommend obtaining these vaccinations before coming in the fall.

If you have any questions, feel free to contact me. My contact information is below. Go to our website for other health center related information:

▶ www.studenthealth.ucla.edu

We wish your student every success in the coming 2011-12 academic year.

With Regards—

Jo Ann Dawson, MD, MPH

Executive Director,

Ashe Student Health and Wellness Center: www.studenthealth.ucla.edu

310 206 6216

FAX 310 206 2747

jdawson@ashe.ucla.edu