



STUDENT HEALTH SERVICE
ARTHUR ASHE STUDENT HEALTH AND WELLNESS CENTER
BOX 951703
LOS ANGELES, CALIFORNIA 90095-1703

November 28, 2011

Happy Winter 2012!! Important UC Student Health Insurance Information

This courtesy email reminder contains important information regarding your healthcare coverage for 2011-12, including using UCLA UC Student Health Insurance Plan (UC SHIP), waiving UC SHIP and general Ashe Center & Counseling Center - related reminders. Thank you for taking the time to read through this information. Please share this email with your parents if they are responsible for paying your fees.

We know you're busy. Please take a few minutes to read this and mark your calendars with important dates.

The University mandates that you have a qualified insurance plan to protect you in case health needs arise. The UC SHIP premium fee is included in your registration fees each term. Don't pay for UC SHIP, if you already have health coverage that meets UC requirements and save – quarter students undergraduates \$408.17 & graduates \$685.38 and semester students \$1,028.07.

Waiving UC Student Health Insurance Plan (UC SHIP):

When you pay your Registration fees you are also paying for UC SHIP. If you have not already done so in the Fall, quarter students can submit their Winter Waiver and semester students can submit their Spring Waiver during the **fee payment period from December 1, through December 20, 2011**. Waiving UC SHIP is an on-line process. All waivers must be submitted through the web page at www.studenthealth.ucla.edu.

If you miss the deadline, there are no late UC SHIP waivers given, so please pay careful attention to the deadline. There are no refunds after the fee payment deadline date of December 20, 2011.

Students that waived the UC Student Health Insurance Plan (SHIP) can still be seen in the Ashe Center with nominal co-pays. Go to www.studenthealth.ucla.edu, and select Frequently Asked Questions for (Eligibility) details.

Using UCLA UC SHIP:

If you have the UCLA UC SHIP, you are expected to seek medical care at the Arthur Ashe Student Health and Wellness Center. All follow-up care must be done at the Ashe Center. If it is deemed medically necessary to see a specialist, the Ashe clinician will write you a referral to an Anthem Blue Cross Network Provider. The Arthur Ashe Student Health and Wellness Center does not write retroactive referrals. Remember, to confirm your benefits and out of pocket expenses before scheduling your appointment and incurring expenses. Contact Anthem Blue Cross directly at (866) 940-8306.

Please carry the Anthem Blue Cross Insurance ID Card with you at all times. You can go to <http://www.ucop.edu/ucship> to print a temporary medical card or call Anthem Blue Cross directly at (866)940-8306.

Undergraduate UC SHIP (UC SHIP) Basic includes medical, vision and UCLA Counseling and Psychological Services (CAPS) and Behavioral Health Services coverage for \$408.17 per term; it does not include Dental Care coverage. Undergraduates have the opportunity to "buy up" to UC SHIP Plus for an additional \$64.00 per quarter. The Delta Dental Plan can be purchased during the fee payment period, which ends on December 20. The undergraduate Dental Plan will require enrollment for the academic policy year or when student is first eligible. This is an online process through the web page at www.studenthealth.ucla.edu

The Graduate Student Health Insurance Plan (UC SHIP) includes dental coverage through Delta Dental; there is no additional enrollment necessary.

General Reminders:

The Ashe Center will be closed from Friday, December 23rd through Monday, January 2, 2012. We will reopen on Tuesday, January 3, 2012.

Please make sure that URSA has your current local address, email and phone number to ensure that you receive all University notifications as well as your insurance information.

If you need to check whether you have an active SHIP waiver or the undergraduate dental enrollment for the next term, go to www.studenthealth.ucla.edu, click on "Waive SHIP" or "Purchase Dental Insurance". After logging on, click "Transaction History" to see your active transactions. Remember, your student ID number and URSA login/password are required to access the page.

For those who have qualified outside insurance and decide to waive UC SHIP, you might consider enrolling in BruinCare—a prepaid access plan to the Ashe Student Health Center for those who waive UC SHIP. Information and the ability to purchase BruinCare are available during the waiver process. For additional information, see our website at: www.studenthealth.ucla.edu.

New UCLA students who are under the age of 19 are required to provide proof of immunity to Hepatitis B prior to enrollment. An online questionnaire must be completed on the Ashe Center website: www.studenthealth.ucla.edu. Paper documentation (immunization records) is NOT required.

24/7 *Nurseline* is available to all registered UCLA students when the Ashe Center is closed. Through 24/7 *Nurseline*, you can speak with a registered nurse to obtain advice and information. The *Nurseline* phone number is (877) 351-3457.

Anthem Worldwide is a global benefit available for UCLA UC SHIP students if you require medical assistance while traveling. This program immediately connects you, the student, with doctors, hospitals, etc... when faced with a medical emergency while traveling. Students can call toll free inside the USA at (800) 810-2583 and collect outside the USA at (804) 673-1177. You can also email them at www.BCBS.com/bluecardworldwide. The ACE Travel Assistance Program is also available to registered UCLA UC SHIP students. Students can call toll free inside the USA at (800) 80243-6124 and collect outside the USA at (202) 659-7803. You can also email them at www.ACETravelAssistance.com

UCLA Counseling and Psychological Services (CAPS) are available to all registered students. If you have questions or need to make an appointment, please contact them at (310) 825-0768. The CAPS website is at: www.counseling.ucla.edu. CAPS offers 24-hour crisis counseling at (310) 825-0768.

There are options available for dependents and eligible SHIP students not returning to school to be able to purchase a Non-Registered Student Voluntary UC SHIP Policy. Please contact Wells Fargo Insurance Services at (800) 853-5899 for the enrollment application, fee payments, and benefits details. For those students no longer eligible for UC SHIP, and for dependents of current students, go to www.studenthealth.ucla.edu, and select UC SHIP Insurance Info/Alternate Coverage Resource Information for additional insurance information.

The Arthur Ashe Student Health and Wellness Center website is www.studenthealth.ucla.edu please call (310)825-4073. If you have any questions or any difficulties performing the desired online action, please contact us BEFORE the deadline. Feel free to contact us via email to: insurshs@ashe.ucla.edu, or visit us. or call us at (310)825-4073, Option 4.

With best wishes in this holiday season and throughout the New Year.

Barbara Rabinowitz
Ashe Insurance Manager