March 1, 2016

Dear UCLA Student,

Happy Spring from the Student Health Insurance Office!

This email contains important information about your healthcare coverage for the spring term. Please feel free to share this email with your parents and families. More can be found through our website at www.studenthealth.ucla.edu.

UC SHIP WAIVER 2015-16

Automatic Fee
All UCLA registered students are automatically charged/enrolled in the University of California Student Health Insurance Plan (UC SHIP). The fee consistently posts to your BruinBill every academic term. If you have private healthcare coverage that meets the current UC SHIP Waiver Criteria, you may waive the fee.

Waiver Deadline
March 1-20, 2016 is the spring/summer waiver period for quarter students. The spring period for semester students has passed.

Waiver Cancellation
Enrollment into UC SHIP requires cancelling your waiver and having the fee rebilled to your account. March 1-20, 2016 is the spring/summer waiver cancellation period for quarter students. The spring period for semester students has passed.

If you have successfully waived UC SHIP for Fall 2015 and Winter 2016, no further action is required for the P/Y 2015-16. If your waiver was not successful, Fall 2015 or Winter 2016 denials will stand and there will be no re-evaluation or refunds of Fall 2015 or Winter 2016. If you would like to attempt to waive UC SHIP or have forgotten to waive UC SHIP, you will be able to waive enrollment in SHIP for Spring Quarter 2016 if your policy meets the waiver criteria.

Access to Ashe
Students who waive UC SHIP are still eligible to utilize Ashe Center services subject to specific fees. For a list of services and fees, visit www.studenthealth.ucla.edu and click on “Services.”

UC SHIP BASICS 2015-16

Premiums
Undergraduates  $643.62  per quarter  Spring includes summer at no cost
Graduates       $1,066.83 per quarter  Spring includes summer at no cost

Ashe Center Insurance Office
Coverage Dates
Quarter students: March 23, 2016 through September 18, 2016
FEMBA and Semester students: Depending on your school, please check your academic calendar

Anthem Blue Cross will no longer be issuing identification cards for medical and vision coverage. UCLA students with UC SHIP will now have access to all of their student health insurance information via the new UC SHIP mobile app. To download the new UC SHIP mobile app, please visit The Ashe Center website here. Your Anthem Blue Cross medical ID card from previous school years will not be valid for services outside of the Ashe Center.

Download our UC SHIP Mobile Postcard for info on how to win a $50 Bruin Card!

Where to Get Your Care

The Ashe Center/Anthem Blue Cross Medical
- The Ashe Center is your first stop for all non-emergency medical care. If needed, your primary care provider (PCP) at Ashe can refer you to an Anthem network provider.
- If your Ashe PCP determines that you need to see an Anthem network provider, they will authorize the necessary Ashe referral. It is your responsibility to obtain the referral before incurring outside medical expenses. Retro-referrals are not granted.

Urgent Care
- Medical advice is given through the confidential 24/7 NurseLine at (310) 825-4073.
- Anthem network emergency rooms and urgent care facilities can be found through www.anthem.com or by calling Member Services (866) 940-8306 to find the nearest facility to you. Copayments are respectively $125 per emergency room visit, $25 per urgent care visit.

Anthem Blue View Vision Insight and Delta Dental
- No referral is required. You may see any vision or dental provider of your choice. Seeing a network provider in your area keep costs low.
- Visit www.anthem.com for Blue View Vision Insight providers or call (866)940-8306. Visit www.deltadentalins.com/ucship for Delta Dental providers or call (800)765-6003.

Behavioral Health
- All behavioral health services must be initiated at the UCLA Counseling and Psychological Services (CAPS) center. To make appointments or seek 24/7 assistance, call (310) 825-0768.
- Patients who require more extensive care may be referred to UCLA Neuropsychiatric Behavioral Health Services (NPBHS).
- CAPS offers comprehensive therapy and psychiatric care and a range of wellness skills. Visit www.caps.ucla.edu for more information.

Ash Center Insurance Office
Dependents and Non-Registered Students

**Dependents and eligible UC SHIP students** not returning to school may purchase a Non-Registered Student Voluntary Policy. Please contact Wells Fargo Insurance Services directly at (800) 853-5899 for further information.

**Hepa-what?**

New UCLA students under the age of 19 are required to provide proof of immunity to Hepatitis B prior to enrollment. If you have not completed the online Hepatitis B questionnaire, you must sign into the patient portal through [www.studenthealth.ucla.edu](http://www.studenthealth.ucla.edu). A hold will be placed on your records if not completed. Paper documentation is not required.

**Questions?**

If you need medical advice and information, call the 24/7 NurseLine at (877) 351-3457 or secure-message your Ashe PCP.

Regarding UC SHIP, you may contact the Student Health Insurance Office by either:
- Emailing at insurshs@ashe.ucla.edu,
- Calling at (310) 825-4073 option 4, or
- Visiting the 4th floor of The Ashe Center during regular business hours (Mon-Thurs 8am-5pm, Fri 9am-5pm).

You may also visit the UC Office of the President’s UC SHIP website for benefit details and information at [www.ucop.edu/ucship](http://www.ucop.edu/ucship). UC SHIP for 2016-17 is currently being negotiated.

*Have a successful and happy term. In good health,*

Barbara Rabinowitz
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