Get the Care You Need

Welcome to UC SHIP at UCLA!

UC SHIP works in partnership with The Ashe Center to get you the care you need. Consider The Ashe Center your “health away from home.”

The Ashe Center is an outpatient health center that provides on-campus primary care, preventive care and certain specialty care services, including pharmacy. There is also a full-service pharmacy on the location.

The Ashe Center is staffed by experts in student health — board-certified physicians, certified nurse practitioners and nurses. Clinicians at The Ashe Center provide primary care for UC SHIP members and coordinate any additional care you may need.

How The Ashe Center and UC SHIP Work Together

The Ashe Center and UC SHIP work together to provide comprehensive medical care that meets the diverse, individual needs of our students.

• You must first seek non-emergency medical care at The Ashe Center by meeting with your primary care provider.

• If you need off-campus, non-emergency services, you must first contact your primary care clinician before obtaining non-emergency medical services.

• Your diagnosis and location will determine whether a referral will be granted.

The referral ensures that your additional care will be covered by UC SHIP if services rendered are medically necessary and in accordance with the Plan. It is required regardless of the distance from the campus that you obtain care.

UC SHIP at UCLA includes Medical, Pharmacy, Dental and Vision care for all, with the option to choose additional coverage for your eligible dependents. Plus, your worldwide Medical coverage includes emergency and urgent care coverage anywhere in the world, as well as behavioral health coverage abroad (new this year).

You Need a Referral for Care Outside of The Ashe Center

When you start with an Ashe Center referral*, you can choose from UC Family or other health care providers — whether in or out of the Anthem network — and get necessary care that's covered by UC SHIP.

Keep in mind that using UC Family or other Anthem network providers can save you money. UC medical centers — and affiliated professional providers — are members of the Anthem Blue Cross Prudent Buyer network. We have agreed to offer their services to UC SHIP members at an even lower rate. If you are referred for services outside of The Ashe Center, ask for provider recommendations. You can also contact members of the UC Family, such as the Ronald Reagan UCLA Medical Center and the Santa Monica Medical Center, or Anthem for assistance in locating a network provider — it will help lower your out-of-pocket expenses.

Call the UC SHIP Medical Center at:
- The Physician Referral Department (800) 821-9100
- The Ronald Reagan UCLA Medical Center (310) 825-9111
- The Santa Monica Medical Center (310) 450-8000
- Main number (310) 821-9111

The Ashe Center

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Your Medical Coverage

Highlights of your UC SHIP coverage are shown below. Visit www.ucop.edu/ucship for details, including your new 2021-22 out-of-country behavioral health inpatient and outpatient coverage for overseas studies and travel. An example of the new out-of-country mental disorders and substance abuse coverage is shown in bold. You’ll find a complete explanation of the new inpatient and outpatient behavioral health benefits at www.ucop.edu/ucship. Certain expenses and services are excluded from your medical coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP website at www.ucop.edu/ucship.

Your Dental Coverage

UC SHIP provides the highest benefits when you receive services from dentists in the Delta Dental PPO network. You decide how you want to manage costs by selecting a network or out-of-network dentist. Certain expenses and services are excluded from your dental coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP website at www.ucop.edu/ucship.

Your Vision Coverage

UC SHIP covers a greater portion of your fees when you receive exams, glasses or lenses from a provider in the Anthem Blue View Vision Insight Plan network. You can obtain services right on campus at the Optometry Center at the Ackerman Student Union, as well as at one of the Anthem Blue View Vision Insight Plan providers. Manage your budget wisely— if you use a retail provider, be sure to determine whether they are a network Anthem Blue View Vision Insight Plan provider before you make a purchase. Certain expenses and services are excluded from your vision coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP website at www.ucop.edu/ucship.

Visit UC SHIP online

For detailed information on benefits, terms and conditions of your UC SHIP benefit, see the Benefit Booklet at www.ucop.edu/ucship. Contact Delta Dental Customer Services (800) 765-6003 or the Anthem Blue Cross Customer Services at (800) 765-6031 for additional information.

Get In Touch!

Catamaran Pharmacy Services
(949) 216-1879
Delta Dental Customer Services
(303) 765-6031
Ronald Reagan UCLA Medical Center
Emergency Room
(310) 825-2111
UCCLA Counseling and Psychological Services (CAPS)
(310) 825-0788
Anthem Blue Cross and Blue View Vision Customer Services
(360) 940-8306

Delta Dental

Delta Dental covers you for services received from providers in the Delta Dental PPO network. You’ll pay the lowest costs if you see an in-network provider.

Anthem Blue Cross

Anthem covers you for services received from providers in the Anthem Blue Cross PPO network. You’ll pay higher costs if you see an in-network provider.