

UCLA Arthur Ashe Student Health & Wellness Center

**Accessing Student Health Services
UC Student Health Insurance Plan (UCSHIP)
UCLA Immunization Requirements**

Geno Mehalik, Outreach Manager



- **ALL STUDENTS can use Ashe Center services, even if they waive the UCSHIP policy.**
- **All UCLA students have an assigned PCP (Primary Care Provider) at The Ashe Center for continuity of care. We are UCSHIP students' Patient Centered Medical Home.**
- **Appointments can be scheduled online, in-person or by phone (all students need is their Bruin Card)**
 - **SAME DAY & FUTURE APPTS AVAILABLE BY PHONE/ ONLINE**
 - **VIRTUAL SERVICES (TELEMEDICINE/ SECURE MESSAGING/ EVISITS/ ASYNC CARE)**
 - **LOCAL URGENT CARE / HOSPITAL PARTNERS**
- **With UCSHIP, Primary Care visits are \$0.**
Without UCSHIP, In-person PCP visits are only \$25.
- **We do not accept outside insurance plans and no cash or cards accepted. All fees are posted to BruinBill.**



- **The Ashe Center features physical therapy, gynecologic health, laboratory/radiology, specialty clinics, travel and immunization clinics, asynchronous care, telehealth, dental, AND MORE**
- **U See LA Optometry and Bruin Health Pharmacy are located in Ackerman Union, Campus Smiles Dental is available on 2nd Floor of Ashe Center**
- **IMPORTANT: We do not provide emergency care and are not a 24-hr facility**
 - Guidance on website for urgent issues (weekend/ away from campus)
 - \$25 copay for in-network urgent care with UCSHIP
 - UCLARR Hospital on campus for emergency needs (\$175 copay)
 - LiveHealth Online telemedicine appointments 24/7 (Anthem providers)
 - AfterHours Nurseline through Ashe Center phone line (RN, local advice)

REMEMBER: Referrals required in advance for outside routine care !!!



- Health insurance is a condition for enrollment in the UC, **students must WAIVE OUT of UCSHIP every year if they choose/have other eligible coverage** (read the waiver criteria online):
 - Waiver opens Aug 2026, **DEADLINE** to waive is September 2026
 - Waiver Process (AHP) verifies all coverage, fully-automated
 - Visit **studenthealth.ucla.edu/insurance** to **WAIVE/ CHECK WAIVER STATUS**, or send an email to **ucship@ahpservice.com**
- To enroll in UCSHIP, students/ families do nothing (included on BruinBill). Coverage period: **9/26 - 9/27 (FULL YEAR, INCLUDING SUMMER)**
- UCSHIP includes **ANNUAL** coverage for medical, pharmacy, behavioral health at CAPS, vision, and dental through Delta Dental (PPO)



- **Students can download their UCSHIP insurance information with the Sydney Mobile app (no insurance cards printed; info on Ashe Center website)**
- **Students who waive UCSHIP can purchase BruinCare for \$60 per quarter, pre-paid access to certain Ashe Center services (\$0 visits); **BRUINCARE IS NOT HEALTH INSURANCE****
- **REMEMBER: Waiving is an annual process, but students can toggle their waiver status three times per year: December (Winter), March (Spring/Summer), and July (Fall). More details online!**



- **All newly-admitted incoming UCLA students must provide documentation of vaccination or immunity to certain infectious diseases.**
 - **MMR, Varicella, Tdap, Meningitis, TB**
 - **Flu & COVID no longer required (still available at clinic)**
- **Students can satisfy these requirements through MyStudentChart.**
 - **Document upload is REQUIRED to verify compliance.**
- **Deadline, FAQs, and more available on dedicated site:**
<http://www.immunizationrequirement.ucla.edu>
- **UCLA COVID Protocols available @ <https://covid-19.ucla.edu/>**
 - **Self tests available via campus vending**
 - **LADPH guidance available via Ashe Center website**



- **GENERAL ASHE CENTER SERVICES:**

- <http://www.studenthealth.ucla.edu>

- <https://www.studenthealth.ucla.edu/families>

- **TO WAIVE/ UC SHIP INFO:**

- <http://www.studenthealth.ucla.edu/ucship>

- **FOR UCLA IMMUNE REQUIREMENTS:**

- <http://www.immunizationrequirement.ucla.edu>

- **CONNECT WITH US ON SOCIAL MEDIA:**

- Instagram: @uclaashecenter



ASHE MAIN PHONE: 310-825-4073

